



European Monitoring
Centre
for Drugs and Drug Addiction

MANUALS EN

European Universal Prevention Curriculum Handbook

A manual for decision-makers, opinion-makers and policy-makers in science-based prevention of substance use



EUPC: The European Prevention Curriculum Adaptation and Training

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“Objective: train prevention professionals with standardized curriculum”



- *EUPC: targeting DOP*
- *DOP: Decision makers, Opinion leaders, Policy makers*
- *Policy makers ≠ necessarily politicians or mandatories*
- *Local and regional experts that make D-O-P*
- *At policy level: the professional who advises the policymaker*
- *Not (yet) the field prevention workers*

Objectives

- Prevention effectiveness depends on
 - availability
 - people who implement**
 - level of training**
- Quality standards for staff and training
- Train prevention pros with standardized curriculum
- Indicators of achievement:
 - Established European curriculum
 - Cascade training model lead to operationalisation of QS
 - Translate universal QS to prevention practice floor
 - Construction 9 country teams cooperating in EUSPR



11 partners

acad ngo gov

- **Hogeschool** Gent B
- **Univerzita** Karlova v Praze CZ
- **University** of Zagreb HR
- **Universitat** de les Illes Balears UIB ES
- **Instytut** Psychiatrii i Neurol. Warsz. IPIN PL
- Azienda Sanitaria **Locale** N. 2 Savonese IT
- ATS- **Città** metropolitana di Milano IT
- Tervise Arengu **Instituut** EE
- Panstw. **Agencja** Rozwiaz. Probl. Alkoh. PARPA PL
- **Institute** for Research and Development UTRIP SI
- **Finder** Prevention and Drug Science DE

5 int'l institutes

EMCDDA



EUSPR



UNODC



ISSUP

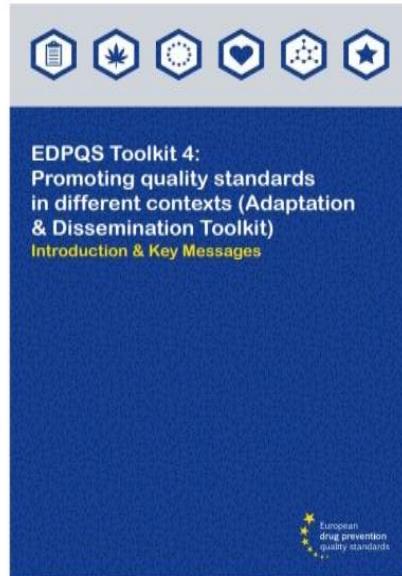
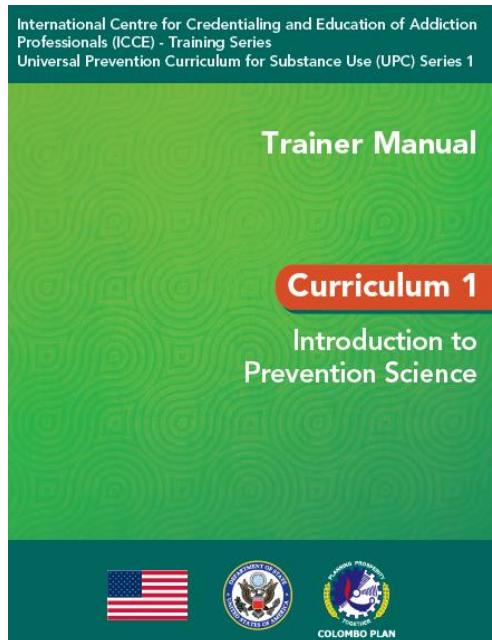


APSI



Handbook adaptation

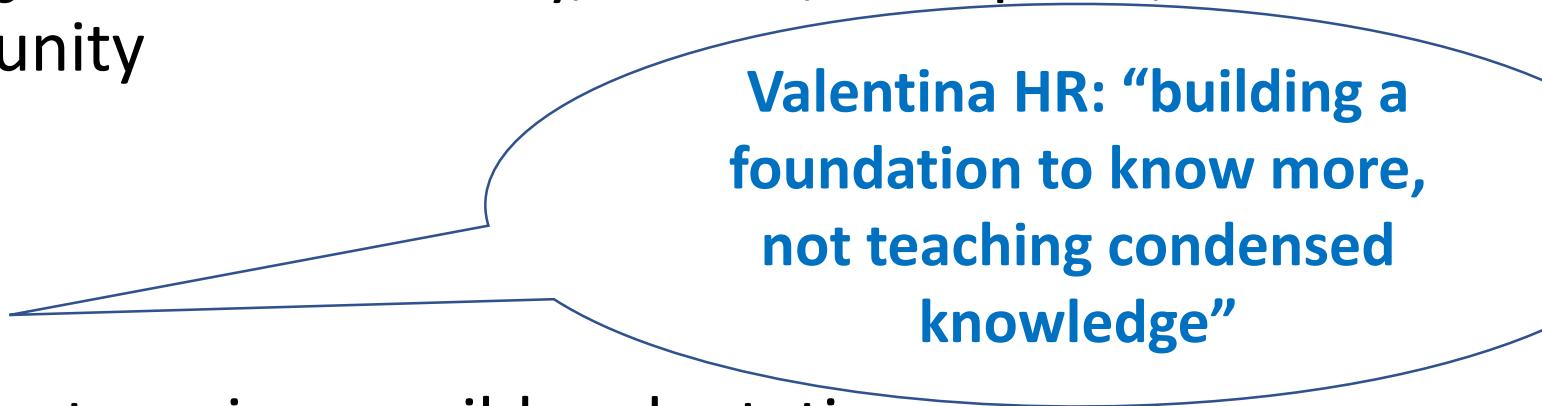
- Method based on **EDPQS**
- Toolkit 4 “Promoting quality standards in different contexts”
- Step 3: Undertaking the adaptation



Handbook adaptation

Revision of original UPC module 1 for the general chapters

Repeat process for the *specific* modules: family, school, workplace, environment, media, community



Valentina HR: "building a foundation to know more, not teaching condensed knowledge"

- Downsize the content
- Select eligible content, categorize possible adaptations
- Review with partners and experts
- Reach consensus at Savona 2017 meeting
- Review after pilots training
- Final editing with  EMCDDA to publish

Chapters

PART ONE: GENERAL CONCEPTS

1. Epidemiology
2. Foundations of prevention science and evidence-based prevention interventions
3. Evidence-based prevention interventions and policies
4. Monitoring and evaluation

PART TWO: PREVENTION APPROACHES IN DIFFERENT SETTINGS

5. Family-based prevention
6. School-based and workplace-based prevention
7. Environmental prevention
8. Media-Based prevention
9. Community-based prevention
10. Advocacy

**European
Prevention
Curriculum**

A handbook for decision-makers, opinion-makers and policy-makers in science-based prevention of substance use

Categories of Adaptation

Surface adaptation: places, examples, data, expressions, idioms

Deep adaptation

Context: re social and political organisation

Culture: re norms and values

Technical: graphics or illustrations

Content: remove, change, add without
altering core elements



Context adaptations

- Concept of *community, society* and *community-based*
- Lack of skills how to advocate for prevention
- Nightlife prevention setting
- How to communicate with media on prevention more than building media prevention intervention



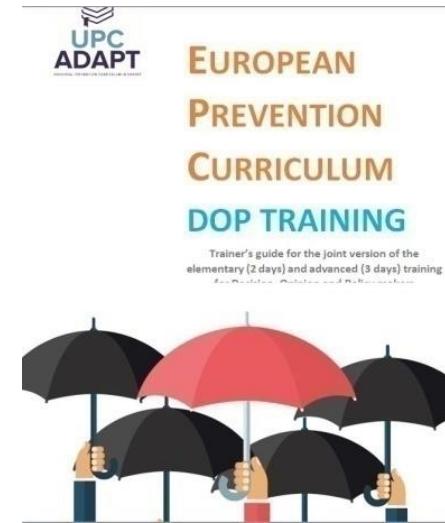
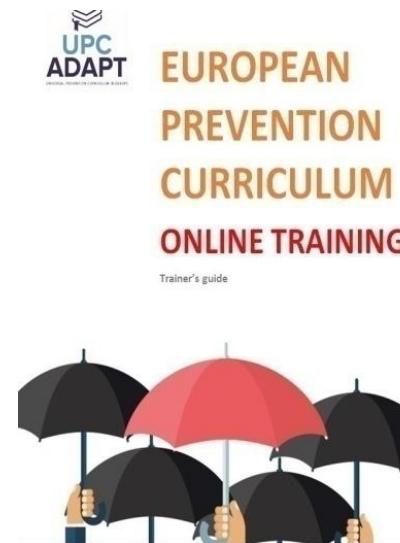
Cultural adaptations

- More *risky* over *negative* behaviours
- More *substance* over *drug*
- Avoid *legal/illegal* differentiation
- More opening to *process* over *interventions* re focus of EDPQS
- More ethical *dilemmas* over ethical *behaviour*
- More focus on prevention of *substance use problems* over prevention of *substance use* or abuse
- Avoid framing addiction as a *brain disease*, but affirm *effects* on body and brain

Documenting rationale adaptations

Adaptation items	Rationale
<ul style="list-style-type: none"> • Exclusion of workplace module as separate chapter, include in school-based prevention chapter • Exclusion of physiology and pharmacology (later: insert again focus on body & brain) • Focus more on ethical issues a prevention worker can encounter instead of behavioral ethical issues • Include more content on quality of staff in chapter on quality standards 	<ul style="list-style-type: none"> • <i>Both are considered being a micro-level prevention context</i> • <i>Presumed basic knowledge on these topics by target group.</i> • <i>As suggested by core group, but also as an outcome of focus groups (needs)</i> • <i>EDPQS: need of a means to contribute to a higher quality of staff through standardization of prevention training in Europe.</i>

EUPC Handbook and 3 training toolkits



Training in three modules: **EUPC**

DOP version

Two + Three Days Training, 20 pax

Academic version

30 hrs in 8 lessons lecture, exercise, assignment, group work, cases

Online version

Teaser, ten 20' chapter lectures, study support material



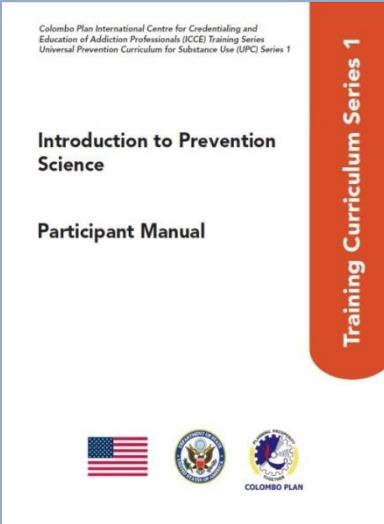
Training toolkit design for DOP version

- Based on UPC Module 1 training and EUPC handbook
- **Focus groups #115** stakeholders °mid 2017
 - Importance given to prevention
 - Prevention training needs
 - Feedback on EUPC
- **Pilot training #116** pax °spring 2018
 - training helpful for prevention planning activitie
 - opportunity to discuss and integrate knowledge
 - advocacy and media highly appreciated



EUPC DOP training affinities

**TOPICS
and
TARGETS**



EUPC DOP training differences

Colombo Plan International Centre for Credentialing and
Education of Addiction Professionals (ICCE) Training Series
Universal Prevention Curriculum for Substance Use (UPC) Series 1

Introduction to Prevention
Science

Participant Manual



Training Curriculum Series 1

Training hours: 288
More detailed
Environmental
prevention more
focused

Training hours: 31
More advocacy, nightlife
settings
Less physiology,
pharmacology and
workplace prevention



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Organisations involved in Dissemination

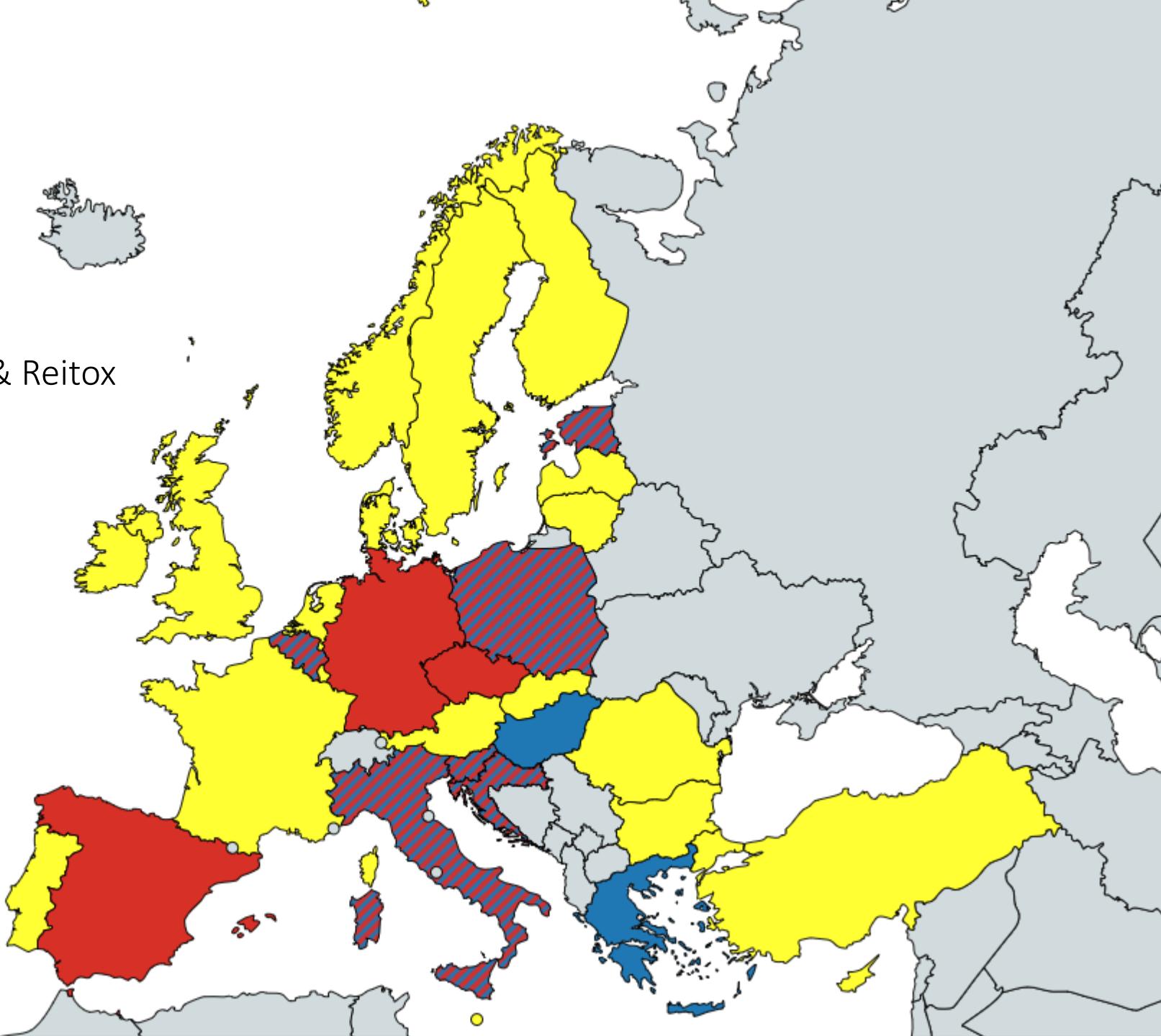
EU institutions and projects

- EMCDDA
- EMCDDA REITOX Focal points
- ASAP project
- UPC-Adapt (past) project partners

Academic networks

- **EUSPR** (European Society for Prevention Research) (Education and Training Committee)
- **EUDDR** (European Universities for Drug Demand Reduction)

Coordination: EMCDDA



- EUPC & Reitox
- EUPC & ASAP & Reitox
- ASAP & Reitox
- Reitox



Current progress



- Analysis country prevention systems
- EUPC training of trainers
- Development of a digital platform
- Development virtual community of practice



- Final editing by Prof Harry Sumnall
- Dissemination to EU27
- Coordinate TOT quality, licencing, delivery



- Concertation in EUSPR ETC
- 2019 post conference workshop 18 sept with EUPC, ASAP, EU-Dap Unplugged and GBG Good Behavior Game trainers

- Adaptation of curriculum handbook
- Design of training toolkits
- Further dissemination through EMCDDA & EUSPR networks



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