

# EUPC: The European Prevention Curriculum Adaptation and Training

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# “Objective: train prevention professionals with standardized curriculum”

- *EUPC: targeting DOP*
- *DOP: Decision makers, Opinion leaders, Policy makers*
- *Policy makers ≠ necessarily politicians or mandatories*
- *Local and regional experts that make D-O-P*
- *At policy level: the professional who advises the policymaker*
- *Not (yet) the field prevention workers*

# Objectives

- Prevention effectiveness depends on

availability

**people who implement**

**level of training**

- Quality standards for staff and training
- Train prevention profs with standardized curriculum
- Indicators of achievement:
  - Established European curriculum
  - Cascade training model lead to operationalisation of QS
  - Translate universal QS to prevention practice floor
  - Construction 9 country teams cooperating in EUSPR



EU-Justice Project 1 jan 2017 - 31 dec 2018

## 11 partners

acad ngo gov

## 5 int'l institutes

- **Hogeschool** Gent
- **Univerzita** Karlova v Praze
- **University** of Zagreb
- **Universitat** de les Illes Balears UIB
- **Instytut** Psychiatrii i Neurol. Warsz. IPIN
- Azienda Sanitaria **Locale** N. 2 Savonese
- ATS- **Città** metropolitana di Milano
- Tervise Arengu **Instituut**
- Panstw. **Agencja** Rozwiaz. Probl. Alkoh. PARPA
- **Institute** for Research and Development UTRIP
- **Finder** Prevention and Drug Science

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**EMCDDA**



**EUSPR**



**UNODC**



**ISSUP**

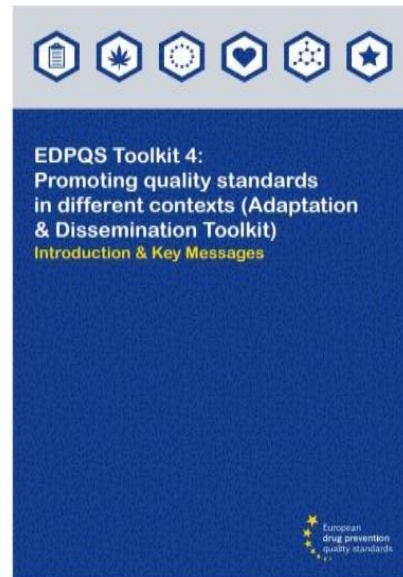
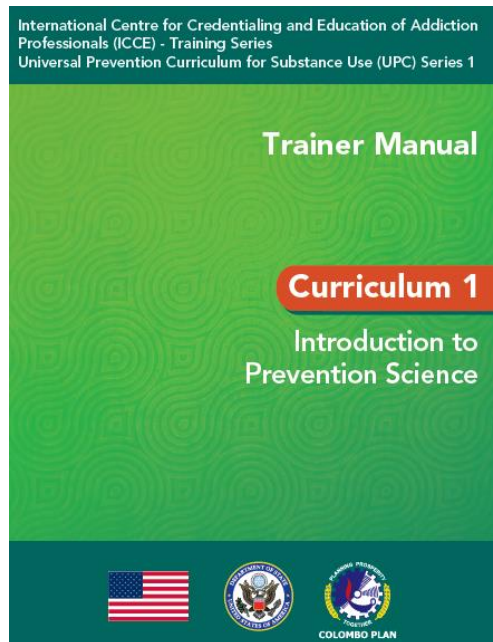


**APSI**



# Handbook adaptation

- Method based on **EDPQS**
- Toolkit 4 “Promoting quality standards in different contexts”
- Step 3: Undertaking the adaptation




# Handbook adaptation

Revision of original UPC module 1 for the general chapters

Repeat process for the ***specific*** modules: family, school, workplace, environment, media, community

**Valentina HR: “building a foundation to know more, not teaching condensed knowledge”**

- Downsize the content
- Select eligible content, categorize possible adaptations
- Review with partners and experts
- Reach consensus at Savona 2017 meeting
- Review after pilots training
- Final editing with  EMCDDA to publish

# Chapters

## **PART ONE: GENERAL CONCEPTS**

- 1. Epidemiology**
- 2. Foundations of prevention science and evidence-based prevention interventions**
- 3. Evidence-based prevention interventions and policies**
- 4. Monitoring and evaluation**

## **PART TWO: PREVENTION APPROACHES IN DIFFERENT SETTINGS**

- 5. Family-based prevention**
- 6. School-based and workplace-based prevention**
- 7. Environmental prevention**
- 8. Media-Based prevention**
- 9. Community-based prevention**
- 10. Advocacy**



### **European Prevention Curriculum**

A handbook for decision-makers, opinion-makers  
and policy-makers in science-based prevention  
of substance use



# Categories of Adaptation

**Surface adaptation:** places, examples, data, expressions, idioms

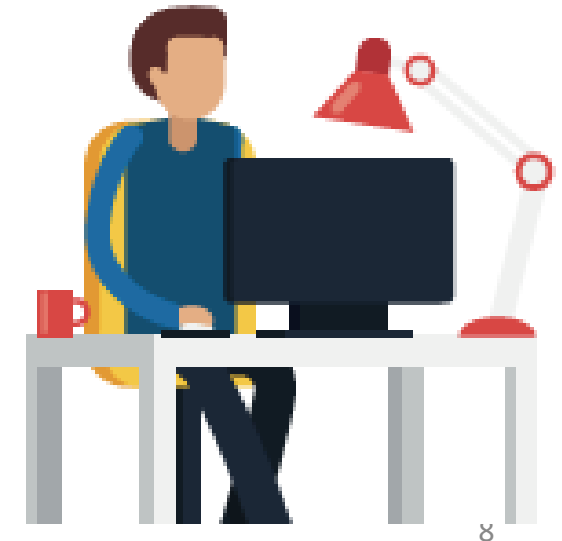
**Deep adaptation**

**Context:** re social and political organisation

**Culture:** re norms and values

**Technical:** graphics or illustrations

**Content:** remove, change, add without  
altering core elements





# Context adaptations

- Concept of *community, society* and *community*-based
- Lack of skills how to advocate for prevention
- Nightlife prevention setting
- How to communicate with media on prevention more than building media prevention intervention



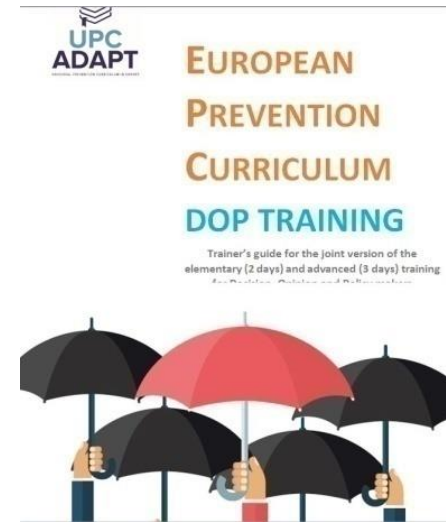
# Cultural adaptations

- More *risky* over *negative* behaviours
- More *substance* over *drug*
- Avoid *legal/illegal* differentiation
- More opening to *process* over *interventions* re focus of EDPQS
- More ethical *dilemmas* over ethical *behaviour*
- More focus on prevention of *substance use problems* over prevention of *substance use* or abuse
- Avoid framing addiction as a *brain disease*, but affirm *effects* on body and brain

# Documenting rationale adaptations

Adaptation items	Rationale
<ul style="list-style-type: none"><li>• <b>Exclusion of workplace</b> module as separate chapter, include in school-based prevention chapter</li><li>• Exclusion of <b>physiology and pharmacology</b> (later: insert again focus on body &amp; brain)</li><li>• Focus more on <b>ethical issues</b> a prevention worker can <b>encounter</b> instead of behavioral ethical issues</li><li>• Include more content on <b>quality of staff</b> in chapter on quality standards</li></ul>	<ul style="list-style-type: none"><li>• <i>Both are considered being a micro-level prevention context</i></li><li>• <i>Presumed basic knowledge on these topics by target group.</i></li><li>• <i>As suggested by core group, but also as an outcome of focus groups (needs)</i></li><li>• <i>EDPQS: need of a means to contribute to a higher quality of staff through standardization of prevention training in Europe.</i></li></ul>

# EUPC Handbook and 3 training toolkits



# Training in three modules: **EUPC**

## **DOP version**

Two + Three Days Training, 20 pax

## **Academic version**

30 hrs in 8 lessons lecture, exercise, assignment, group work, cases

## **Online version**

Teaser, ten 20' chapter lectures, study support material



# Training toolkit design for DOP version

- Based on UPC Module 1 training and EUPC handbook
- **Focus groups #115** stakeholders °mid 2017
  - Importance given to prevention
  - Prevention training needs
  - Feedback on EUPC
- **Pilot training #116** pax °spring 2018
  - training helpful for prevention planning activities
  - opportunity to discuss and integrate knowledge
  - advocacy and media highly appreciated



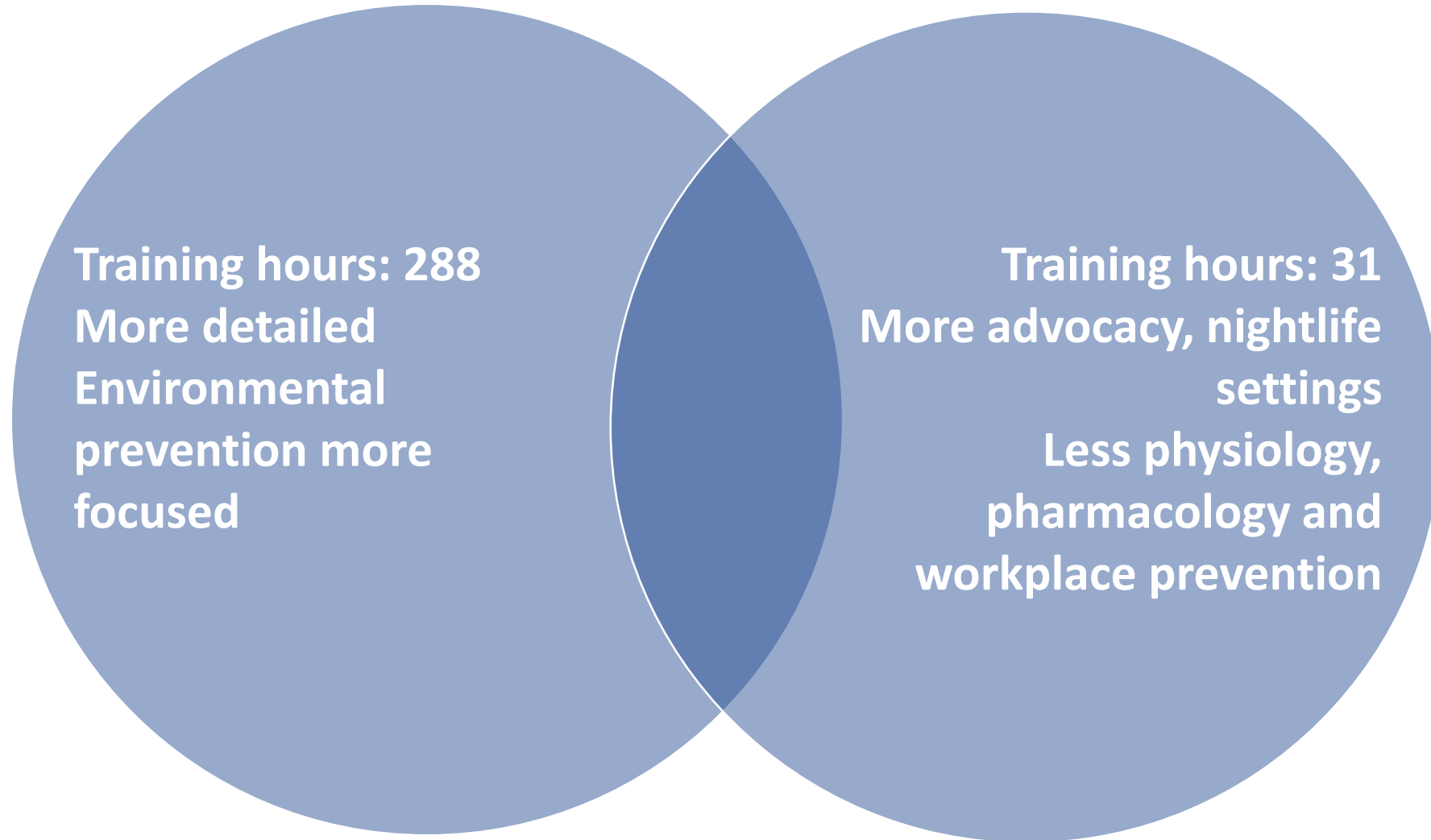
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# EUPC DOP training affinities





# EUPC DOP training differences



Columbo Plan International Centre for Credentialing and Education of Addiction Professionals (ICCCE) Training Series Universal Prevention Curriculum for Substance Use (UPC) Series 1

**Introduction to Prevention Science**

**Participant Manual**

**Training Curriculum Series 1**



COLOMBO PLAN



## **European Prevention Curriculum**

A handbook for decision-makers, opinion-makers and policy-makers in science-based prevention of substance use

# Organisations involved in Dissemination

## EU institutions and projects

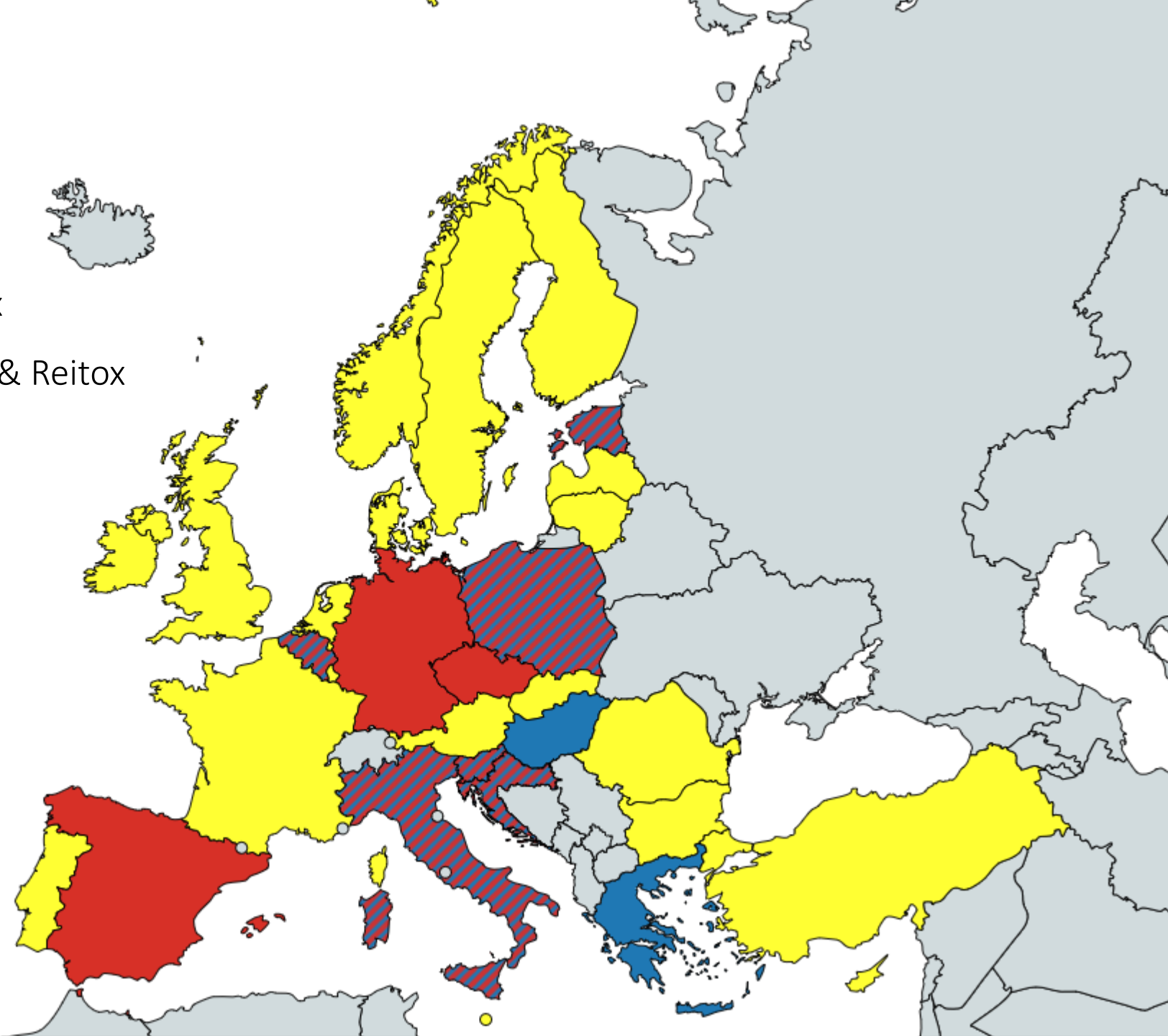
- **EMCDDA**
- **EMCDDA REITOX Focal points**
- **ASAP project**
- **UPC-Adapt (past) project partners**

## Academic networks

- **EUSPR** (European Society for Prevention Research) (Education and Training Committee)
- **EUDDR** (European Universities for Drug Demand Reduction)

**Coordination: EMCDDA**

- EUPC & Reitox
- ▨ EUPC & ASAP & Reitox
- ASAP & Reitox
- Reitox



# Current progress



- Analysis country prevention systems
- EUPC training of trainers
- Development of a digital platform
- Development virtual community of practice



- Final editing by Prof Harry Sumnall
- Dissemination to EU27
- Coordinate TOT quality, licencing, delivery



- Concertation in EUSPR ETC
- 2019 post conference workshop 18 sept with EUPC, ASAP, EU-Dap Unplugged and GBG Good Behavior Game trainers

- Adaptation of curriculum handbook
- Design of training toolkits
- Further dissemination through EMCDDA & EUSPR networks



**Thank you**  
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